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Clinical and Consulting Psychology

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MINOR CONFIDENTIALITY

Confidentiality means privacy. You are assured of privacy in my office. This means that I cannot repeat anything YOU say to anyone else UNLESS you tell me I can and/or your parent signs a form called Release of Information telling me I can do so.

There are some RULES to Confidentiality. Here they are:

1. Your mom or dad can tell me whatever they want to. I listen but cannot tell them things you have said to me (unless you say I can).
2. You can tell your mom or dad anything we say or do in my office OR tell them nothing at all. That is up to you.
3. If we are working on something together, like a goal, I may tell them about the goal (with your permission) so that can know what you are working on.
4. If you tell your dad or mom something I have said and they are confused about it, they can call me and ask me to CLARIFY what I have said.

Lastly, there are some important exceptions that I HAVE to report to authorities. The law requires that I notify others if I have reasonable cause to believe...

1. You plan to hurt yourself
2. You plan to hurt someone else
3. Some other adult is hurting you or your body
4. If a court or judge asks me to share my notes about our work

Your signature means that you understand and agree with these rules.

Client / Minor Signature

Date

Therapist Signature (Adria O'Donnell, Psy.D.)

Date